

**CONFIDENTIAL CLIENT INFORMATION**  
**FOR CAROL RUTH SUMMERS' EYES ONLY**  
*(COMPLETING THIS FORM WILL SAVE US TIME WHEN WE MEET)*

*Please bring this completed form with you when we meet.*

1. IDENTIFYING INFORMATION

A. Your Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Place of Birth \_\_\_\_\_

Current Address \_\_\_\_\_

e-mail \_\_\_\_\_ Cell Phone \_\_\_\_\_

B. Spouse/Partner's Name \_\_\_\_\_

C. Reason(s) for entering counseling at this time:

D. If counseling is successful, how would you know that you've gotten what you want? What would you notice?

E. Members your household (include pets):

Name	Sex	Age	Relationship to you
1			
2			
3			
4			
5			

F. Significant relationships in your life:

G. How did you hear about me? If through the internet, please tell me how you found me: what did you search for and/or what sites did you visit?

H. Have you been in counseling before? (If so, please give dates and brief description of the nature of your work, what worked well for you and reason for stopping.)

2. WORK Please summarize your current work situation.

3. CURRENT STRESSORS Please summarize the current stresses in your life.

4. MENTAL HEALTH HISTORY

A. Have you ever been diagnosed with a mental health disorder? (If so, please give date, diagnosis, and treatment information.)

B. Are you currently taking any psycho-active medications? (If so, please list.)

5. DRUG AND ALCOHOL USAGE

A. Do you use any non-prescription drugs? If so, please list type and frequency of usage. Include Marijuana.

B. Do you use alcohol? If so, please give amount consumed and frequency of usage.

6. PHYSICAL/HEALTH How is your physical health and do you face any health challenges? If yes, please explain.

7. TRAUMA HISTORY Please list recent major traumatic events in your life.

8. SPIRITUAL PATH OR RELIGIOUS BACKGROUND Please briefly describe your background around religion or spirituality and what if any, religion or spiritual path you are currently pursuing.

9. Anything else you think I should know about you?